

# SMALL GROUP CLASS SCHEDULE

Time (all classes 60mins)	Mon	Tues	Wed	Thurs	Fri
10am		Yoga & Pilates Fusion	Beginner Hatha Yoga 26&2 Series	HIIT Mat Pilates	
12pm					Beginner Hatha Yoga 26&2 Series
7:15pm	HIIT Mat Pilates				

